LUNCH MENU

Baja Turkey 610-630 cal. \$9.00 Turkey,chipotle honey lime sauce,shaved cabbage, pickled red onions, avocado & pepper jack cheese
Roast Beef Horseradish 540-560 cal
Best Ever BLT 460-490cal\$9.00 Applewood smoked thick cut bacon, lettuce, tomato & house seasoned mayo
Turkey Goddess 620-640cal. \$8.50 Turkey, Havarti cheese, house made avocado spread, lettuce, red onion and tomato
Veggie 630-650 cal
Ham & Brie 520-540 cal
Chicken Salad 700 cal
Tuna Salad 700 cal
PB & J

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Peanut butter & strawberry jam

650 cal.\$5.50



BAKERY & CAFE
Bread. The way it *ought* to be.

Fresh FROM THE CAFE Menu

(Season YEAR)



1137 S Adams Rd
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2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.